

# Occupational Therapy Functional Assessments for Specialist Disability Accommodation (SDA)

### What is an Occupational Therapy SDA Functional Assessment?

An Occupational Therapy (OT) SDA functional assessment is used to provide supporting evidence as part of your application for SDA funding. An Occupational Therapist will complete assessments with you to collect relevant information about your level of function, your support needs, and your accommodation preferences. The OT will then write a report that summarises your current situation and details how you may meet the NDIS eligibility criteria for SDA. The report will also include recommendations for an SDA design category, building type, location, occupancy and whether overnight onsite support is required.

## What do I need in my plan to be able to get an SDA Functional Assessment?

- 1. A goal that relates to exploring your accommodation needs. If you do not have an accommodation goal, you can complete a 'Home and Living Supports Request Form' or request a 'Change of Circumstances' to review your goals. Your Support Coordinator may be able to assist you with this.
- 2. 20 hours of 'Improved Daily Living' funding in the Capacity Building section of your NDIS plan. This is for an Occupational Therapist to complete an SDA Functional Assessment and Report.
- 3. Funding for a Support Coordinator, who will assist you to explore your accommodation options and current vacancies, write a housing report, and coordinate your SDA application to NDIS.

### What is the process for an OT SDA Functional Assessment at Rocky Bay?

A referral is made to Rocky Bay's Therapy services, for an Occupational Therapist who has experience with SDA functional assessments. We accept referrals directly from you or your family, your support coordinator, or your primary therapy team. To make a referral, please contact Rocky Bay's Customer Engagement Team on

(08) 6282 1900 • customer.engagement@rockybay.org.au • www.rockybay.org.au

We will review your referral to make sure that you have everything you need for us to proceed with an assessment. We may call to ask you some basic information. If we don't think an SDA functional assessment is right for you, we will offer alternatives where possible.

Our Customer Engagement Team can work with you to set up a service agreement. This will depend on the funding you have and whether you are already receiving Therapy Services from Rocky Bay.

A Rocky Bay Occupational Therapist will contact you (or the most relevant person for you) to book an assessment.

At our assessment appointment we will provide you with information regarding SDA, including the eligibility criteria and the process to apply for funding. We will complete relevant assessments

with you and your support network, which may include asking questions or observing you complete tasks. We will also ask permission to liaise with any support providers that you receive services from, to be able to collect holistic information about your support requirements. We may need to visit you on more than one occasion to collect the information we need.

We will write a report that summarises all the information we have collected and make recommendations for your SDA eligibility and what type of SDA would suit you best. We may send our report to you to review, prior to finalising.

We will send our report to your Support Coordinator, so that they can write a housing exploration report and submit all required documentation to NDIS.

### How do I get started?

Please make a referral! You or your supports can do this by:

Contacting Rocky Bay's Customer Engagement Team

(08) 6282 1900 • customer.engagement@rockybay.org.au • www.rockybay.org.au

If you already receive Therapy Services from Rocky Bay, you can ask your primary therapy team to make a referral for you. They will need to ask for an 'OT SDA Functional Assessment'.



















